

Energy Balls – from ASW Homestead



4 cups quick cooking oats

1 honey

2 cups peanut butter

1 cup chocolate chips

1 cup chopped walnuts

Combine all ingredients in a large mixing bowl. Once thoroughly combined, use clean but slightly damp hands (to prevent sticking) to shape into 1-inch balls. Lay out balls in a single layer and refrigerate until chilled.

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